

# customized care

As Chief of Plastic Surgery at the University of Cincinnati and Director of its plastic surgery residency program, Dr. John Kitzmiller has responsibility for training the next generation of plastic surgeons in addition to maintaining his full service private practice.

#### BOARD CERTIFICATION

American Board of Surgery  
American Board of Plastic Surgery

#### MEDICAL DEGREE

Duke University, Durham, NC

#### GENERAL SURGERY RESIDENCY

University of Cincinnati-College of Medicine

#### PLASTIC-RECONSTRUCTIVE AND HAND SURGERY RESIDENCY

University of Cincinnati-College of Medicine

#### FELLOWSHIP

Plastic and Reconstructive-Shriners  
Burn Institute-Cincinnati  
Cosmetic Surgery-Drs. Baker and Gordon, Miami, FL  
Hand and Microvascular Surgery-Dr. Harry Buncke, Davies Medical Center, San Francisco, CA

#### AFFILIATIONS

American Society of Plastic Surgeons  
American Society for Aesthetic Plastic Surgery  
American Association for Plastic Surgery  
American College of Surgeons  
American Society for Reconstructive Microsurgery

#### AREAS OF EXPERTISE

Facelift  
Abdominoplasty  
Blepharoplasty  
Body Contouring  
Laser Skin Resurfacing

#### LOCATION

Cincinnati, Ohio  
513.475.8883

#### WEB SITE

[www.cosmeticsurgeryuc.com](http://www.cosmeticsurgeryuc.com)

Dr. Kitzmiller believes that his involvement in teaching makes him a better surgeon, as it enables him to stay on the forefront of innovative advances. "In our practice, my aim is to create an atmosphere that models the best and most efficient techniques available to address the concerns of my patients." His carefully appointed office in Cincinnati's northern suburb of West Chester, Ohio, embraces the full spectrum of his training and experience, offering both reconstructive and cosmetic procedures of the face, breast, body and skin. "There are reconstructive aspects of cosmetic surgery and cosmetic aspects of reconstructive surgery," says Dr. Kitzmiller. "They are inseparable. I call upon of all my reconstructive experience to address cosmetic issues and believe patients obtain optimal results when numerous skills and techniques are employed to create customized treatment plans."

Dr. Kitzmiller has a special interest in designing treatment plans for aging skin. He works with a group of scientists who have quantified skin changes and aesthetic skin problems. "Using data-driven recommendations makes me confident I am giving my patients the best medicine has to offer," says Dr. Kitzmiller. "We are working to understand, on a molecular level, how skin heals and ages. This process of study will contribute to advances in our quest for better treatments with less downtime."

**"Teaching is big part of who I am and what I do and reflects my philosophy and approach to patient care"**

—JOHN KITZMILLER, MD, FACS

#### DR. JOHN KITZMILLER

**FAVORITE PART OF YOUR JOB** Happy patients and excited residents  
**ALTERNATIVE OCCUPATION** Coach  
**ANTI-AGING ADVANCE** Exercise and positive thinking  
**I'M NEVER WITHOUT** My cell phone  
**I WOULD LOVE TO OWN** More time  
**FAVORITE HISTORICAL FIGURE** Benjamin Franklin  
**I WOULD LIKE TO BE REMEMBERED AS** A creative problem solver who helped improve the lives of others

#### INSIDE INFORMATION

#### PERSONALIZED PERSPECTIVES

Dr. Kitzmiller is a firm believer in providing a targeted strategy—particularly for the **AGING FACE AND SKIN**. "Rather than endorsing specific procedures or advocating a given methodology, we want the ability to design patient-specific programs that are flexible and can be modified for every individual." There is a difference, he says, between being part of the answer versus being tied to a set number of solutions. "The most beneficial approach involves the ability to modify our care to suit not only aesthetic concerns, but lifestyle and budget issues, too." More specifically, Dr. Kitzmiller believes realistic and optimal treatment is only possible once he understands all of his patients' concerns. "Whether we are considering **SKIN CARE, INJECTABLES** or **SURGERY**, I can guide them through all the options and discuss the benefits of each procedure. We match the method to the person, not the other way around. Each plan is as unique as the individual, and that is why I don't limit my recommendations to a set menu."